



J017-S6900 Mrs. Dash® Original Blend Seasoning Blend - BOH & Flavor Station

**PACKAGING**

SCC Code:	10605021603284	Case Gross Weight:	4.5 LB
Item UPC:	605021603287	Case Net Weight:	3.94 LB
Units/Case :	3	Case Height:	8.63 IN
Unit Size:	21.00 OZ	Case Width:	4.13 IN
Servings Per Case :	2550	Case Length:	8.38 IN
Storage Temp:	75° F	Case Cube:	0.17 CF
Pallet High:	5	Pallet Tier:	49

**PRODUCT CLAIMS**

Cholesterol Free	Fat Free	No MSG	
Kosher - YES-OU /PAREVE			

**NUTRITION**

**Nutrition Facts**

Serving Size 1/4 tsp (0.7g)  
 Servings Per Container About 850

**Amount Per Serving**

Calories 0 Calories from Fat 0

	% Daily Value*
<b>Total Fat</b> 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 0 mg	0%
<b>Potassium</b> 10 mg	0%
<b>Total Carbohydrate</b> 0 g	0%
Dietary Fiber 0 g	0%
Sugars 0 g	

<b>Protein</b> 0 g	
Vitamin A 0 %	• Vitamin C 0 %
Calcium 0 %	• Iron 0 %

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

**GENERAL DESCRIPTION**

People know and love Mrs. Dash®. . . it's the #1 salt-free seasoning. Use its perfect blend of herbs and spices to add delicious flavor to countless foods without contributing salt or MSG.

**LIST OF INGREDIENTS**

Dried Onion, Garlic Powder, Black Pepper, Dried Carrot, Lemon Juice Solids, Dried Orange Peel, Parsley, Tomato Powder, Citric Acid, Lemon Oil, Celery Seed, Basil, Bay Leaves, Marjoram, Oregano, Thyme, Savory, Cumin, Mustard Flour, Cayenne Pepper, Rosemary, Coriander.

**ALLERGEN INFORMATION**

None—Based on FDA FALCPA (Food Allergen Labeling and Consumer Protection Act of 2004) "Big 8" allergens.

**DIRECTIONS FOR USE**

- Sprinkle on food before or after cooking. Stir into foods during recipe preparation.

QUICK TIPS:

- Toss 12 small red potatoes cut into wedges, 1 tbsp olive oil and 1 tbsp melted butter with 1½ tsp Mrs. Dash Original Seasoning Blend. Roast in oven until golden.
- Add 1 tbsp Mrs. Dash Original Seasoning Blend to 2 cups cook rice. Add sautéed vegetables such as peppers, onions or mushrooms and serve.
- Give eggs a lift. Add ½ tsp Mrs. Dash Original Seasoning Blend per egg before cooking or right before serving.
- Flavor Station Use - For use with a shaker/dredge. Remove lid and portion 1 cup of seasoning into a 10 oz shaker (more seasoning for larger shaker). Replace lid and put filled shaker on display rack or position on a high-traffic condiment station to allow customers to customize and season their meals. Try it on fries, chips, vegetables, pizza, chicken, burgers, fish, salads, pasta, rice, baked potatoes and popcorn.

## SERVING SUGGESTIONS

Mrs. Dash<sup>®</sup> Original Seasoning Blend is an all-purpose, versatile blend of 14 herbs and spices. Mrs. Dash brings delicious, salt-free flavor to any dish. Mrs. Dash<sup>®</sup> Original Blend is perfect for breakfast, lunch and dinner. Adds flavor and color to eggs, pasta, vegetables, fish and meats, salads and dips. This 21 oz. shaker bottle is ideal for use at back-of-house.

## YIELD / PORTION

Number of ¼ tsp servings per container: About 850  
Number of ¼ tsp servings per case: About 2550

## PACKAGE / STORAGE INFORMATION

This product will be stable for up to 24 months when stored in a cool, dry place.

## SPECIFICATION REVIEW

Regulatory Approved: 041015A  
Supersedes: All Previous

## ADDITIONAL INFORMATION

- Salt Free

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- For more quick, easy recipes, visit [www.mrsdashfoodservice.com](http://www.mrsdashfoodservice.com) or [www.mrsdash.com](http://www.mrsdash.com)

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Made in U.S.A.